





Seasonal Menu

# Torvian Menu Week #4, 2017

9/18/2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Breakfast	A variety of made-to-order cage free eggs prepared daily any way you'd like them! Whole eggs, scrambled egg mixture and egg whites, & breakfast potatoes. Brunch is served Saturday and Sunday, witch includes a Omelet Bar (served on Bravisimo) Fresh fruits and yogurts also available daily on the Salad Bar.							
	Breakfast Meat	Sausage Link	Ham	Corn Beef Hash	Bacon	Sausage	Baked Ham	Sausage
	Full Salad Bar featuring 28 toppings and 5 different fresh seasonal fruits							
	Soup	Chili	Mexican Chicken Corn Chowder	Brown Ale Onion	Ham Cabbage & Potato	Italian Sausage & White Bean	Chef's Choice	Chef's Choice
	Vegetarian Soup	Cream of Broccoli	Vegetable	Vegetable Chili	Vegan Minestrone	Tomato Soup	Chef's Choice	Chef's Choice
Bell Tower Deli	Items available: breads include, but not limited to: flavored and plain wraps, whole wheat, 12 grain, sourdough, rye, Kaiser roll, etc. Roasted vegetables, meats: baked ham, roasted turkey, roast beef, salami, other. Salads: tuna, chicken or egg and a rotation of other composed salads. Vegetable toppings: lettuce, tomatoes, & pickles. Cheese: American, Provolone, & Swiss. Assorted condiments (on days that full station features are running the Build Your Own concept will be limited or closed)							
	Full Station Feature	Chef's Choice	Chef's Choice	Caramelized Onions & Pear Quesadillas	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
	Featured Item	Assorted Deli Subs	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
1847 Grill	Items available: fresh hamburgers, hot dogs, vegetable burgers (On days that full station features are running, the other grilled items may not be available.)							
	Full Station Feature							
	Featured Item	Ham & Cheese Croissant	Cheeseburgers	Barbeque Ham	Monte Cristo Sandwich	Grilled Cheese	Chicken Salad Melts	Beef & Cheddar @ Dinner
The Oven	Items available daily: fresh wood-oven pizza, chef-created specials							
	Lunch Feature	Honey BBQ Chicken Leg Quarter & Caesar Salad	Pizza	Spaghetti Squash Pizza	Pizza	Pizza and Chef's Feature	Breakfast Pizza @ Brunch	Pizza
	Dinner Feature	Pizza	Deep Dish Pizza w/ Herb Crust	Pizza	French Dip			
	Theme Meal					Brunch	Brunch	
	Entrée	Shrimp Fried Rice	Baked Cheese Ravioli	Autumn Pot Roast	Sloppy Joes	Blackened Pangasius	Barbeque Ribs	Pot Roast
	Entrée	Chicken Parmesan	Chicken Cordon Bleu	Spicy Chicken w/ Cashews	Roast Pork Loin	Thai Chicken	Scrambled Eggs	Scrambled Eggs
	Vegetable	Scandinavian Blend	Roasted Mixed Vegetables	Sautéed Kale	Broccoli	Sautéed Squash & Zucchini	Japanese Blend	Green Beans
	Vegetable	Roasted Cauliflower	Peas & Mushrooms	Southwest Corn	Marinated Mushrooms	Roasted Squash & Peppers	Tater Tots	Home Fries
	Starch	Spaghetti Marinara	Lo Mein Teriyaki	Brown Rice	Onion Rings	Pittsburgh Potatoes	French Toast	Pancakes
	Vegetarian or Vegan	Chinese Cabbage w/Tofu	Stuffed Zucchini	Bean Burrito	Vegan Scalloped Potatoes	Vegan Enchiladas	Creamed Kale	Strata
	Theme Meal							
	Entrée	Beef Stew	Pork Chops	Lemon Cod	Roasted Turkey	Jamaican Shrimp	Swedish Meatballs	BBQ Pork Steaks
	Entrée	Shaved BBQ Chicken	Tossed Turkey Tetrazzini Pasta	Mayo Crusted Chicken	Stuffed Shells w/ Broccoli Cheese Sauce	Honey Stung Chicken	Tuna Noodle Casserole	Peri Peri Chicken
	Vegetable	Roasted Brussels Sprouts	Caribbean Blend	Sautéed Mixed Vegetables	PEI Blend	Grilled Vegetables	Peas & Mushrooms	Sautéed Greens
	Vegetable	Honey Thyme Carrots	Garden Sauté	Roasted Beets	Stewed Tomatoes	Squash & Red Onion	Cauliflower	Pesto Parmesan Tomatoes
	Starch	Roasted Potatoes	Baked Potatoes	Rice & Quinoa Pilaf	Sour Cream & Chive Smashed Potatoes	Grits	Buttered Noodles	Middle Eastern Basmati Rice
	Vegetarian or Vegan	Pasta w/ Garlic & Onions	Lemon Parmesan Asparagus	Ratatouille	Vegan Cream Corn	Tomato, Squash & Red Pepper Gratin	Rice Stuffed Tomato	Moroccan Vegetables
	Theme Meal							
	Entrée	Beef Stew	Pork Chops	Lemon Cod	Roasted Turkey	Jamaican Shrimp	Swedish Meatballs	BBQ Pork Steaks
	Lunch Feature	Buffalo Chicken Wraps	Authentic Mexican Pozole	Pumpkin Tortellini w/ Bread Sticks	Kishmir Chicken	Sushi	Omelets to Order	Omelets to Order
	Dinner Feature					Breakfast @ Dinner	Closed	Closed
	Chef's Feature	Chef's Healthy Creation	Chef's Station @ Breakfast Chef's Healthy Creation	Chef's Healthy Creation	Chef's Station @ Breakfast Chef's Healthy Creation	Chef's Healthy Creation	Chef's Choice Healthy Omelet	Chef's Choice Healthy Omelet
	Belgian Waffle Bar with two syrups and a variety of toppings, 8 cold cereals, 4 juices, and 2%, skim, and chocolate milk, Coffee, Decaf, Hot Tea, Iced Tea, 10 soft drinks, assorted breads, English Muffins, bagels, peanut butter, cream cheese, whipped butter, margarine blend, honey, jelly and preserves. Variety of donuts, fresh-baked muffins, and other Breakfast items. An assortment of fresh-baked cookies, bars, pies, pastries, puddings and a rotation of seasonal specialties.							